



June 2010 Junior Swim Lessons

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Phone Number: 203-245-9444

6/1/10 to 6/19/10
3 weeks

Level Chart

1. **Introductory** - Introduction to water & putting face in the water. Fundamentals of first swim lesson.
 2. **Beginner** - Becoming independent in water. Front & back crawl introduced.
 3. **Advanced Beginner** – Breathing techniques & increasing endurance. Open turns & diving introduced.
 4. **Intermediate**
Improving front & back crawl to length of pool. Breast stroke introduced.
 5. **Advanced** - proficiency in stroke technique emphasized. Butterfly introduced.
- Make-ups for cancelled classes will be Monday June 7 or 14.

There will be a make-up if the class is cancelled by the club. There will be no guaranteed make-ups, refunds, or credits for missed classes. Participation in the program is strictly at players own risk. Participant or parent or legal guardian (if participant is under 18) acknowledges and accepts the risks inherent in the use of club services and facilities and voluntarily assumes the risk of injury, accident, death, loss, cost, or damage to his or her person arising from use of the club and releases the club, together with its owners, employees, and agents from all claims or liabilities. Participant certifies that he or she is in good health and has no physical limitations which would prevent participation, and will notify the club of any changes in physical condition which would affect participation.

Madison Racquet & Swim Club
36 Scotland Road
PO Box 508

June 1 - June 19

Class Description	Y Equivalent	Days & Time	Member	Non Member
Introductory	Pike	Wed 10:15 - 10:45 am Tues, Wed, or Thurs 11:00 - 11:30 am Saturday 10:00 - 10:30 am	\$33	\$45
Introductory	Pike	Wed or Fri 5:00 - 5:30 pm Tues or Thurs 4:00 - 4:30 pm Tues or Thurs 4:45 - 5:15 pm	\$33	\$45
Beginner	Eel or Polliwog	Tues, Wed or Thurs 10:15 - 11:00am Tues or Thurs 11:00 - 11:45 am	\$33	\$45
Beginner	Eel or Polliwog	Wed or Fri 5:45 - 6:30 pm Tues or Thurs 4:45 - 5:30 pm Sat 10:45-11:30 am or 11:30-12:15am	\$33	\$45
Advanced Beginner	Ray/Guppy	Tues or Thurs 10:15 - 11:00 am Wed 11:00 - 11:45 am Sat 10:00-10:45 am or 11:30-12:15am	\$33	\$45
Advanced Beginner	Ray/Guppy	Wed or Fri 5:45 - 6:30 pm Tues or Thurs 5:30 - 6:15pm	\$33	\$45
Intermediate	Minnow	Wed or Fri 5:00 - 5:45 pm Tues or Thurs 4:00 4:45 pm Sat 11:30- 12:15 am	\$33	\$45
Advanced	Fish/Flying Fish	Tues or Thurs 5:30 - 6:15pm Sat 10:45 -11:30 am	\$33	\$45
Parent Child Introductory	Shrimp/Kipper	Sat 10:00 -10:30 am	\$33	\$45
Parent Child Beginner	Inia/Perch	Sat 10:45 - 11:15 am	\$33	\$45

First Name			Home Phone	
Last Name			Work Phone	
Address			Cell Phone	
Town	DOB		Zip	
Email	Type			
Day & Time	Parents Signature			