



Summer 2010 Junior Swim Lessons

Website: www.madisonracquet.com

E-mail: madisonracquet@aol.com

Phone Number: 203-245-9444

**Five
2 week sessions**

Level Chart

1. **Introductory** - Introduction to water & putting face in the water. Fundamentals of first swim lesson.
2. **Beginner** - Becoming independent in water. Front & back crawl introduced.
3. **Advanced Beginner** – Breathing techniques & increasing endurance. Open turns & diving introduced.
4. **Intermediate**
Improving front & back crawl to length of pool. Breast stroke introduced.
5. **Advanced** - proficiency in stroke technique emphasized. Butterfly introduced.

There will be no guaranteed make-ups, refunds, or credits for missed classes. Participation in the program is strictly at players own risk. Participant or parent or legal guardian (if participant is under 18) acknowledges and accepts the risks inherent in the use of club services and facilities and voluntarily assumes the risk of injury, accident, death, loss, cost, or damage to his or her person arising from use of the club and releases the club, together with its owners, employees, and agents from all claims or liabilities. Participant certifies that he or she is in good health and has no physical limitations which would prevent participation, and will notify the club of any changes in physical condition which would affect participation. Participant gives permission to the club to use photographs, film footage, or tape recordings which may include participants voice or image for the purposes of promotion or interpretation of the club's programs.

Madison Racquet & Swim Club
36 Scotland Road
PO Box 508
Madison, CT 06443

SESSION 1 JUNE 21 – JULY 3
SESSION 2 JULY 5 - JULY 17
SESSION 3 JULY 19 - JULY 31
SESSION 4 AUG 2 - AUG 14
SESSION 5 AUG 16 - AUG 28

Class Type	Level	Age	Days & Time	Member Per Session	Non Member Per Session
Introductory	1	3 - 4	Mon - Fri 1:30 - 2:00 pm	\$110	\$150
Beginner	2	3 - 4	Mon - Fri 10:30 - 11:15 am	\$110	\$150
Advanced Beginner	3	4 - 5	Mon - Fri 10:30 - 11:15 am	\$110	\$150
Intermediate	4	6 - 7	Mon - Fri 11:30 - 12:15 am	\$110	\$150
Advanced	5	8 - 9	Mon - Fri 9:30 - 10:15 am	\$110	\$150
Parent Child	1	6- 36 mos	Wed 10:00 - 10:30 am	\$20	\$30
Parent Child	1	6 -36 mos	Sat 11:30am-12:00pm	\$20	\$30

First Name				Home Phone	
Last Name				Work Phone	
Address				Cell Phone	
Town		DOB		Zip	
Email		Type			
Sessions	<input type="checkbox"/> 1. <input type="checkbox"/> 2. <input type="checkbox"/> 3. <input type="checkbox"/> 4. <input type="checkbox"/> 5.		Parents Signature		