

MADISON RACQUET & SWIM CLUB~LIFEGUARD CERTIFICATION COURSE WINTER 2017

AMERICAN RED CROSS

RED CROSS LIFEGUARD

CERTIFICATION

Interested in a great job opportunity or a challenging career as a professional lifeguard?

In the 30 hour course you will learn about teamwork, rescue / surveillance skills, First Aid, and CPR/AED for the Professional Rescuer along with other important skills necessary to work as a professional lifeguard. Successful completion results in a 2-year American Red Cross Certification in Lifeguarding which includes First Aid/CPR/AED for the Professional Rescuer.

Digital certificates are emailed to you when you have successfully completed the course requirements.

Prerequisites

ALL PARTICIPANTS MUST BE :

- At least 15 years old as of last day of class.
- Able to swim at least 300 yds. continuously using front crawl and breast stroke with rotary breathing.
- Able to tread water for 3 minutes.
- Able to retrieve a 10 pound object from a depth of 7-12 feet..

DATES & FEES

December 26—30, 2017

Tuesday—Friday

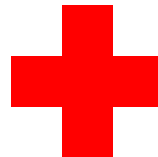
9am-4pm

(MUST ATTEND ALL CLASSES)

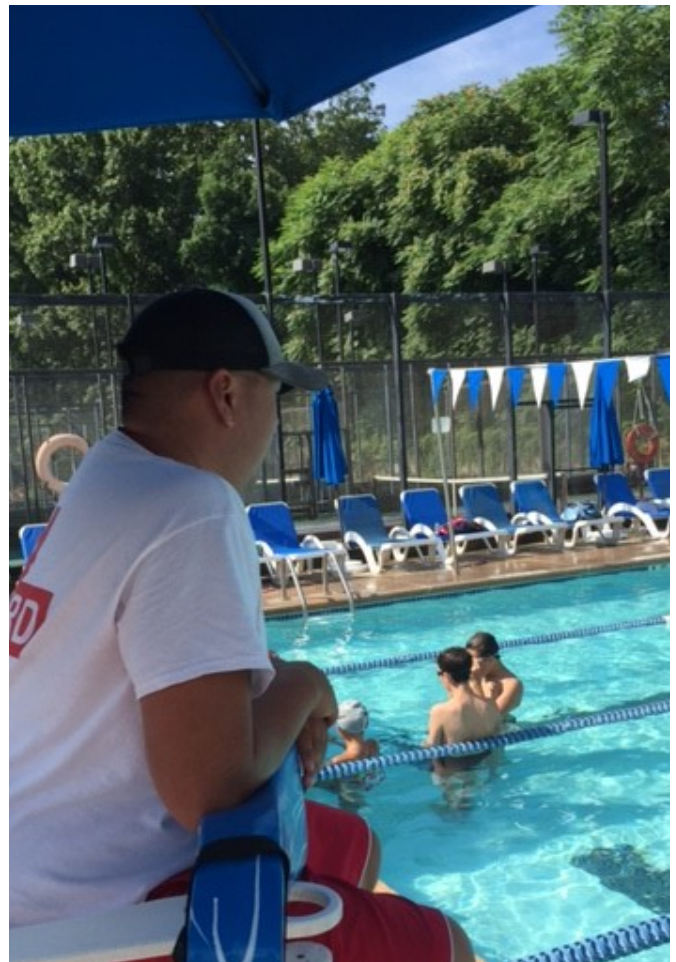
\$350.00 per person

\$150.00 Re-certification

Fee includes Digital Certification, Lifeguard Manual and CPR Rescue Mask



**American
Red Cross**



For more information or to register for the course,
please call:

203-318-1811

Or Email us at:

Christinaforristall@madisonracquet.com