

Madison Racquet & Swim Club · Spring Outdoor Swim Lessons

“Spring Into Summer” Outdoor Jr. Swim Lessons

May 29th-June 23rd (4 weeks)

Monday lessons are 3 week session

Fees

4 week session

\$55 members | \$80 non-members

3 week session

\$40 members | \$60 non-members



Pre-School (3-5 years)

Tadpole—A swim class with an instructor for beginner swimmers. This class introduces basic swim skills, and uses of flotation aids to develop independence in the water.

Lobster—Young swimmers who have learned to kick, paddle and float without support are challenged to swim the length of the pool and demonstrate stroke readiness while emphasizing water safety.

Starfish—An intermediate swim class that encourages young swimmers to perform front crawl and backstroke while also learning diving and safety skills.

Youth (6 & Up)

Goldfish—A swim class for swimmers who are six years or older and have little swimming experience. Children become comfortable in the water while learning basic swim skills, water safety and use of flotation aids.

Flounder—Independent swimmers who are ready to learn whole strokes. Students are introduced to front crawl, rhythmic breathing, elementary backstroke, diving and water safety skills.

Snapper—Intermediate swimmers who are ready to improve their strokes are introduced to rotary breathing, backstroke, diving, and water safety skills.

Striper—Swimmers are encouraged to perform correct stroke techniques for the front crawl and backstroke while building endurance and learning important safety skills. Intro to breast-stroke kick.

Bluefish—This class is designed for swimmers perfecting their front crawl and backstroke. Swimmers are also introduced to butterfly and breaststroke.

Dolphin—Advanced swimmers learn the four competitive strokes while improving endurance.

Parent & Child

AquaBabies (6-12 months)

A wonderful introduction to a swim class for infants and parents. This class is designed to adapt children to the water through songs and games. Parents are introduced to the basics of our swim lesson program and water safety.

AquaTots (13-36 months)

While swimming with parents, toddlers are encouraged to explore the water and learn basic swimming skills and water safety through water play, songs and use of flotation aids.

Advanced AquaTots

For graduates of the AquaTots program who are two years of age or older and have little experience. Children become comfortable in the water and will learn independent floating and proper body position. Participants must be comfortable getting their face and ears wet.

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AquaBabies

Saturday—11:00-11:30pm

AquaTots

Saturday—10:00-10:30am

Advanced Aqua Tots

Saturday—10:30-11:00am

Tadpole

Monday-10:15-10:55am, 4:45-5:25pm

Tuesday— 4:45-5:25pm

Wednesday—11:00-11:40am, 4:45-5:25pm, 6:15-6:55pm

Thursday—4:45-5:25pm

Friday—5:30-6:10pm

Saturday—10:00-10:40am, 10:45-11:25am

Lobster

Monday— 4:45-5:25pm

Tuesday—10:15-10:55am, 6:15-6:55pm

Wednesday— 5:30-6:10pm

Thursday— 5:30-6:10pm

Saturday—10:45-11:25am

Starfish

Wednesday— 6:15-6:55pm

Goldfish

Tuesday —4:45-5:25pm

Thursday-4:45-5:25pm

Friday—6:15-6:55pm

Saturday-10:00-10:40am

Flounder

Monday— 5:30-6:10pm, 6:15-6:55pm

Tuesday—6:15-6:55pm

Wednesday—5:30-6:10pm

Thursday—6:15-6:55pm

Friday—4:45-5:25pm

Saturday—10:00-10:40am



Snapper

Monday— 6:15-6:55pm

Tuesday—5:30-6:10pm

Thursday—6:15-6:55pm

Friday—6:15-6:55pm

Saturday- 10:45-11:25

Striper

Monday— 5:30-6:10pm

Wednesday—4:45-5:25pm

Thursday—5:30-6:10

Friday—5:30-6:10pm

Saturday- 11:30-12:10pm

Bluefish

Tuesday-5:30-6:10pm

Dolphin

Friday—4:45-5:25pm

MADMarlin Pre-Season

May 29th– June 14th

Intermediate

Monday & Wednesday 6:30-7:30pm

Novice

Tuesday & Thursday 6:30-7:30pm

Pre-season practice is just what your swimmer needs to get back into the “swim of things” before the summer season starts. These hour-long swim team practices will work on all four competitive strokes, starts, turns and are designed to get swimmers in shape for the up-coming season. Pre-Season is open to all participants (not just swim team members) that can swim 50+ yards of freestyle and backstroke, have a basic breaststroke and butterfly kick.

Pre-season Only \$100 member /\$145 non-member or Pre-season + MADMarlin Summer Team \$350

MADMarlins Summer Swim Team Starts June 18th. See MADMarlin flier for schedule